

NATIONAL AYURVEDIC COLLEGE SILLOD
MAHARANA PRATAP CHOWK SILLOD 431112.

1ST PROF BAMS
BATCH 2025-2026
TIME TABLE

Time/Day	10AM TO 11AM	11AM TO 12PM	12AM TO 1PM (FACULTY)	1PM TO 2PM	2PM TO 3PM	3PM TO 4PM	4PM TO 5PM
Monday	KRIYA SHARIR (LH) DR.SUSHMA SHINDE (READER)	PRACCTICAL 11AM 1PM (2HRS) RACHANA SHARIR BATCH (A)	DR. PRIYANKA KHIRADKAR (READER)	LUNCH TIME	SANSKRIT (LH) DR. SUMIT PANDE (Asst.Prof)	SAMHITA ADHYAN (LH) DR. RESHMA SAYYED (Asst.Prof)	RACHNA SHARIR (LH) DR. PRIYANKA KHIRADKAR (READER)
		KRIYA SHARIR PRACTICAL BATCH (B)	DR. SUSHMA SHINDE (READER)			SAMHITA ADHYAN (LH) DR. RESHMA SAYYED (Asst.Prof)	
Tuesday	KRIYA SHARIR (LH) DR. SANGITA LOTLIKAR (Asst. Prof)	PRACCTICAL 11AM 1PM (2HRS) RACHANA SHARIR BATCH (A)	DR. PRIYANKA KHIRADKAR (READER)	LUNCH TIME	SANSKRIT (LH) DR. SUMIT PANDE (Asst.Prof)	SAMHITA ADHYAN (LH) DR. RESHMA SAYYED (Asst.Prof)	RACHNA SHARIR (LH) DR. AKASH KUMAR KEMWAT (Asst.Prof)
		KRIYA SHARIR PRACTICAL BATCH (B)	DR. SUSHMA SHINDE (READER)			SAMHITA ADHYAN (LH) DR. SMITTA PATIL (READER)	PADARTHA VIGYAN (LH) DR. MAVURI ATHARE (Asst. Prof)
Wednesday	KRIYA SHARIR (LH) DR. SANGITA LOTLIKAR (Asst. Prof)	PRACCTICAL 11AM 1PM (2HRS) RACHANA SHARIR BATCH (B)	DR. AKASH KUMAR KEMWAT (ASST.PROF)	LUNCH TIME	SANSKRIT (LH) DR. SUMIT PANDE (Asst.Prof)	SAMHITA ADHYAN (LH) DR. SMITTA PATIL (READER)	PADARTHA VIGYAN (LH) DR. MAVURI ATHARE (Asst. Prof)
		KRIYA SHARIR PRACTICAL BATCH (A)	DR. SANGITA LOTLIKAR (ASST.PROF)			SAMHITA ADHYAN (LH) DR. RESHMA SAYYED (Asst.Prof)	LIBRARY
Thursday	PADARTHA VIGYAN (LH) DR. MAVURI ATHARE (Asst. Prof)	PRACCTICAL 11AM 1PM (2HRS) RACHANA SHARIR BATCH (B)	DR. AKASH KUMAR KEMWAT (ASST.PROF)	LUNCH TIME	SANSKRIT (LH) DR. SUMIT PANDE (Asst.Prof)	SAMHITA ADHYAN (LH) DR. RESHMA SAYYED (Asst.Prof)	
		KRIYA SHARIR PRACTICAL BATCH (A)	DR. SANGITA LOTLIKAR (ASST.PROF)			SAMHITA ADHYAN (LH) DR. RAUSHREE KHAMKAR (Asst.Prof)	
Friday	PADARTHA VIGYAN (NLH) DR. MAVURI ATHARE (Asst. Prof)	RACHNA SHARIR (LH) DR. AKASH KUMAR KEMWAT (Asst. Prof)	SAMHITA ADHYAN (NLH) DR. RAUSHREE KHAMKAR (Asst. Prof)	LUNCH TIME	SANSKRIT (NLH) DR. SUMIT PANDE (Asst. Prof)	SAMHITA ADHYAN (NLH) DR. RAUSHREE KHAMKAR (Asst. Prof)	SAMHITA ADHYAN (NLH) DR. RAUSHREE KHAMKAR (Asst. Prof)
Saturday	YOGA DR. ASHWINI BIRARE (YOGA TEACHER)	RACHNA SHARIR (LH) DR. AKASH KUMAR KEMWAT (Asst. Prof)	PADARTHA VIGYAN (NLH) DR. MAVURI ATHARE	LUNCH TIME	SAMHITA ADHYAN (NLH) DR. RAUSHREE KHAMKAR	INTERDISCIPLINARY SEMINAR	SPORTS

COORDINATED BY

DR. PRIYANKA KHIRADKAR. HOD (KS)
DR. RESHMA SAYYED ASST.PROF. (SAMHITA ADHYAN)


PRINCIPAL